

## Alka Jug

Congratulations on the purchase of your Alka Jug. The jug is designed to offer you properties that help the body detox, eliminate acidity and reduce the chance of inflammation in the body.

Alkaline ionised water supports the body in a variety of ways to achieve good health. The alkaline minerals are used to create alkaline buffers, the bodies natural process for buffering and eliminating acidity from the tissues. Accumulation of acidity encourages the development of inflammation, which underlies the majority of adult illness . Water from your jug also offers you antioxidants as well as better hydration. Water is best consumed at room temperature rather than refrigerated to avoid cooling down the digestive system. You may experience detox symptoms when drinking the water in the first few days.

You can also use the alkaline water for cooking, wonderful soups, stocks, rice and pasta

To get optimal benefit we recommend drinking 1.5 - 2L/day. You get the most benefit when you drink the water fresh. If you are filling bottles to support you throughout the day make sure its capped.





## Before Using

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1. Clean all components of the Alka jug. All parts can be washed in the dishwasher.
2. Clean surface of filter cartridge, then screw it firmly into the bottom of the funnel reservoir of the jug. Attach the lid to the reservoir, then place the unit back into the jug so the rim of the reservoir/lid is aligned evenly with the rim of the jug
3. Fill the funnel reservoir with water and let the water filter into the jug. Discard the water and repeat the entire process. This process flushes away any loose, activated carbon particles and prepare the filter cartridge for years. Note: carbon particles are not harmful to consume.
4. The jug can be filled with 1.5 L of water at a time. The reservoir has a capacity of up to 2.5 L. (do not overfill the reservoir or water will flow out into the handle)
5. Replace filter cartridges regularly, in order for you to receive the best water.

Note: keep replacement cartridge in the original seal while not in use in store in a dry cool place.

When filling the funnel reservoir do not place filter cartridge opening directly under running water.

Wash your jug and funnel reservoir regularly with soapy water, rinse, and dry with a soft cloth.

For the latter, hold well on the jug, remove the reservoir, attach the lid to the reservoir, then place the unit back into the jug.

The Alka jug turns ordinary tap water into alkaline, ionized water, reduces chlorine and lime scale content. It absorbs heavy metals such as lead in copper. The filters, 300 L per cartridge

Many common health issues resulting from excess acidity in the body can be relieved by regular consumption of alkaline, ionized water.

### Media Mixer

Due to the nature of the Media inside, the cartridges can on occasion clump together. Rather than adding nasties to the cartridges we have provided here an engineered masterpiece we call the Media Mixer, AKA a paper clip. If you find the water is not flowing through the cartridge, you can unfold this clip and poke it through the hole in the bottom of the cartridge. You will need to poke it right in as far as you can and give the media inside a good mix up. Please sterilise the pin before inserting it



## Filter Life

It is recommended to calculate the cartridge replacement times for your situation and then make an entry of the time frame for replacement into your smartphone and set it to repeat.

Calculation is based on capacity of Alka jug 280-300 Litres.

Number of people	Only Drinking (Weeks)	Drinking and Cooking (Weeks)
1	20	10
2	10	6
3	7	5
4	5	4
5	4	3
6	3	2.5

- 1 person drinking about 2 litres/day
- 1 person consuming about 2 extra litres/day for cooking
- 2 person in one household consuming about 3 extra litres/day for cooking
- 4 people in one household consuming about 4 extra litres/day for cooking
- 6 people in one household consuming about 5 extra litres/day for cooking

### How to change the filter cartridge

1. Unscrew the filter cartridge from the funnel
2. Screw the new cartridge into the funnel reservoir and repeat steps 2 to 4 before using.

### Checking the filter capacity:

Additional to the table, to get the most from your filter, you can perform 2 easy tests to check the filters functionality

1. pH test. This shows the alkalinity of the water – a new photo will increase pH.7 water to approximately pH 9.5. When the water shows pH 8.5 or below, it's time to change the filter.
2. Chlorine test. This shows the amount of chlorine in the water. When this shows that there is chlorine content increase above the original starting point, the filter is exhausted and it's time to change the filter.

These water test drops are available from our website, [www.ionza.co.nz](http://www.ionza.co.nz)



## Positioning the Lid

If you're having trouble putting on the lid, don't worry! It happens to the best of us.

Just follow these simple steps:



First, take the reservoir out of the jug.



Next, attach the lid to the reservoir.



Start by placing the back end of the lid on the handle end of the reservoir, and then clip it together as you move towards the spout.



Once the lid and reservoir are securely attached, simply put them back into the jug.



Now you can rest easy knowing that the lid will sit firmly in place on your Alka Jug.

Enjoy your fresh, clean water with a smile!

Remember, sometimes it's the little things, like getting the lid on right, that can brighten your day.